

Mental Health Hospital Avoidance Packages (HAP)

Supporting your goals for improving your wellbeing and living in the community are an important aspect of your recovery and creating a meaningful life. To assist in this, we have designed packages of support specifically for people who have a mental health diagnosis (including those with a dual diagnosis) and would like extra support to avoid a mental health admission. These packages can be used as a guide when you attend your NDIS planning conversations or reviews, taking into account how often you have periods requiring hospitalisation.

Packages can be used to assist you in avoiding a hospital admission, or to support you on discharge after a mental health admission.

Included in each package:

- Individualised support from a qualified mental health support worker, or mental health peer worker
- Respect and transparency in the care you receive, with a focus on supporting your return to your normal routines as soon as possible
- A wellness plan that takes into account your desire to avoid hospital, as well as contingencies to seek further treatment if needed
- Practical support (including cleaning and cooking alongside you) that may reduce your stress and support you to stay well
- Support to complete your medication routines

Costs

The prices of individual packages vary depending on the amount of support you need, and for how long. We offer the following pre-packaged options, or can work individually with participants to find the right mix for you.

Package Type	Mon-Fri	Sat	Sun	Cleaning (Alongside)	Medication Support (Prompting)	Wellness Planning (1 st Wk)	Weeks	TOTAL HOURS	Total Cost
Low	10 hrs	x	x	✓	✓	2 hrs	3	32	\$1421.76
Medium	10 hrs	1 hr	1 hr	✓	✓	2 hrs	4	50	\$2221.50
High	13 hrs	1 hr	1 hr	✓	✓	2 hrs	4	62	\$2754.66
Intensive	16 hrs	2 hrs	2 hrs	✓	✓	2 hrs	4	82	\$3643.26

Which NDIS Budget do these packages come under?

Mental Health Hospital Avoidance Packages (HAP) can be claimed under Capacity Building – Improved Daily Living.

Adding Extra Supports

Extra supports can be added to your package and claimed under the following NDIS budget categories:

Support Type	NDIS Budget	NDIS Support Category	Cost (per hour)
Assistance with Personal Care (if you are unable to do so yourself)	Core	Assistance with Daily Activities	\$45.54*
Cleaning support (if unable to do so yourself)	Core	Household Tasks	\$44.74
Shopping Support (if unable to do so yourself)	Core	Assistance to access Community, Social & Recreational Activities	\$45.54*
Support to attend medical appointments (if unable to do so yourself)	Core	Assistance to access Community, Social & Recreational Activities	\$45.54*
Transport Training	Capacity Building	Improved Daily Living Skills	\$44.43
Assistance with Accommodation & Tenancy Obligations (if you are at risk of losing your accommodation)	Capacity Building	Improved Living Arrangements	\$57.71
Employment Support (to support your return to work)	Capacity Building	Individual Employment Support	\$56.63

Please note – some prices given are the weekday rate (indicated by *). Please see our full price guide for out-of-hours prices.

More Information

Please contact info@pathwaystorecovery.com.au or call/text Sally on 0423 272 695.

*All prices are correct as of 23/8/2017.