

Individual Transport Training Packages – Youth (14-18 years)

- **Does your teen need/want to learn to catch the bus/train to school or activities?**
- **Would your child like to learn to be more independent?**

Supporting your child’s goal for developing their independence is an important aspect of growth and creating a meaningful life. To assist in this, we have designed a Transport Training package specifically for youth aged 14-18 years with a diagnosis of Autism Spectrum Disorder, or mental health diagnosis (including anxiety).

These packages can be used purchased at any time, or can be used as a guide for planning your child’s supports when attending NDIS planning conversations or reviews. Packages can be negotiated to ensure they fit the needs of your child and your family.

Included in each package:

- Individualised support from a qualified community support worker (Cert 3 in Individual Support – disability, or higher)
- Respect and transparency in the care your child will receive, with a focus on safety, problem solving, supporting your child to learn new skills; and having fun!

Sessions

Session	Mon-Fri	Sat	Topics	Where
1	1 hrs	×	<ul style="list-style-type: none"> • Safety in the community • Planning your Trip 	Home
2	2 hrs	×	<ul style="list-style-type: none"> • Buying a Metrocard • Finding a Timetable • Getting to know your route 	Community
3	×	2 hrs	<ul style="list-style-type: none"> • Practice your trip during a quieter period – worker led 	Community
4	2 hrs	×	<ul style="list-style-type: none"> • Practice your trip during peak time – worker led 	Community
5	2 hrs	×	<ul style="list-style-type: none"> • Practice your trip during peak time – youth led 	Community
6	2 hrs	×	<ul style="list-style-type: none"> • Practice your trip during peak time – youth led 	Community

Which NDIS Budget does this training come under?

Individual Transport Training Packages can be purchased using your NDIS budget:

- **Capacity Building** - Increased Social and Community Participation – Individual Skills Development and Training

The total cost for 6 sessions = \$617.54 (charged at \$56.64 per hour as per NDIS price guide).

More Information

Please contact info@pathwaystorecovery.com.au or call/text Sally on 0423 272 695.